Aldersgate Church ~ St. Louis Park, MN

Week of September 25, 2022: Exodus 14:5-7, 10-14, 21-29

Memory Verse

Exodus 14:13 - "Moses said to the people, 'Do not be afraid, stand firm, and see the deliverance that the LORD will accomplish for you toady."

A Prayer for Florida

Dear God, We pray to you today for our friends in



Florida. We know that you did not do this. It just happened.

We pray that our friends and family in Florida would know that they are loved, and that people all over the country are with them.

Give shelter, food, clothes, and beds to those who need them. Give them courage as they rebuild.

Heal the wounds of those who have been hurt. And be with those who have lost people they dearly love.

Thank you for the helpers. Give them energy and strength, and keep them safe... (continued on pg. 2)

The Story: Moses & The Escape

After God sent 10 plagues upon Egypt, Pharaoh finally gave in and allowed the Israelites to leave. They were finally freed from slavery after being in captivity in Egypt for 400 years. Moses led the Israelites from the land of Egypt into the wilderness. They were completely dependent on the Lord to show them where to go. They eventually came to the shore of the Red Sea where God told Moses to set up camp. Meanwhile, back in Egypt, Pharaoh began to regret letting his Israelite slaves go. Now who would do all their hard labor? Pharaoh readied his army to chase after the Israelites and bring them back.

At their camp, the Israelites looked up to see Pharaoh's army on one side and the Red Sea on the other. They had nowhere to go! They were afraid and said to Moses, "What have you done to us by bringing us out of Egypt? It would have been better for us to serve the Egyptians than to die in the desert!" The people didn't trust God, but God was about to provide a way of escape for God's people.



God told Moses to raise his staff above his head and stretch his hands out over the waters of the Red Sea. Suddenly the waters parted on two sides, and dry land appeared in front of the people! What a miracle! Moses led the people through the middle of the Red

(Prayer beginning on pg. 1)

Thank you that you are a God of love and life, not destruction. We love you. Amen.

Game: Puzzles (any

age) You will need: an ageappropriate jigsaw puzzle Sometimes following God is like assembling a puzzle but without a picture to guide you. It's hard to see where you're going. Put out the pieces of a puzzle but do not provide the picture. Talk about how much more challenging it is to do something when you don't have any guidance about what you're supposed to make.

Craft: The Red Sea

(any age) You will need: Pieces of blue and brown construction paper, scissors, glue.

Instruct the kids to cut the blue sheet in half and make 3-inch cuts down each edge. Use the scissors to curl each of the cuts so they look like waves. Glue the blue pieces onto the brown so it looks like parted waves with dry ground underneath. Sea safely to the other side. Pharaoh's army continued to pursue the former slaves, but as soon as the last of the Israelites were safely on the other side of the sea, God caused the waters to come back together, covering over the Egyptian soldiers.

Family Discussion: As your child if they ever went somewhere that they didn't want to go but it turned out to be really fun? Where did they go and what did they do?

Prayer: Dear God, give us the faith we need to follow you. Help us to grow our faith every day. In Jesus' name, amen.

An All-Age Prayer:

Thank you, God, for each new day. Thank you, God, for the life we have. Thank you, God, for families and friends. Thank you, God, for loving us.

Forgive us, God, when we fail you. Forgive us, God, when we make mistakes. Forgive us, God, when we give into fear. Forgive us, God, when we are selfish.

O God, you love us and you offer us a new start, a clean slate. Help us to put the past behind us. Give us courage to face the future and whatever it holds. In the name of your Son we pray. Amen.

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