



FAITH AT HOME

Aldersgate Church ~ St. Louis Park, MN

Week of November 13, 2022: Micah 5:2-4, 6:6-8

Memory Verse

Micah 6: 8: *"...and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?"*

A Family Prayer

God, be in our hearts, that it may beat to your rhythm.

God be in our breath, that we may breathe your spirit in and out.

God be in our minds, that our thoughts and dreams may be filled with your goodness.

God be in our hands, that we may serve others like you do.

God be in our mouths, that we may speak love, grace, and peace.

God be in our feet, that we may follow your lead.

God be in our home, that those who feel unloved and unknown, may find in us generous friends.

In Jesus' name we pray,
Amen.

The Story: Micah, the Prophet

Micah was a prophet. This book in the Bible is a series of sermons. Micah preached against the selfishness of the Israelite leaders and how they mistreated the poor. Because of this, Micah is sometimes called "the prophet of the poor."



The people were asking Micah how much is enough to give to God? If one basket of barley is good, would bringing two be better? Micah told the people that God did not want their grain or sheep or other gifts. God owns the whole world and does not need anything. The people were confused. What did God want from them? Micah said to do justice, love kindness (or mercy) and walk humbly with God.

Family Discussion:

Being "just" means being fair to everyone. Have you had a time when you thought something was not fair? How did you feel?

How can we be kind? Talk to your child about

Activities:**The Walking Game
(all ages)**

You will need: large sizes of shoes, rain or snow boots, shoes with heels, platforms, etc.

Ask the children to walk around the room taking tiny steps like heel to toe all the way around. Do it again only this time taking large strides and ask them to count all the steps they take.

The next time around the children will put on a pair of large boots, how difficult was it? Maybe the next time a pair of stiletto shoes, how difficult now? What was it like to walk in someone else's shoes?

Memory Game (age 3-8)

You will need: several small items on a tray, a towel to cover

We need to remember what Micah said God wants from us. Play a memory game. Put several small items on a tray. Have your child look at the items for two minutes. After time is up, hide or cover the tray and ask them to say or write all the objects that they can remember. How did they do?

examples of showing kindness.

What does it mean to walk humbly with God? Humble means that we know we are not God but we belong to God. Walking with God means we remember that God is always with us.

Prayer: Dear God, help us to be fair to everyone. Help us to look for ways to be kind to others. Help us to remember that you are always with us. Thank you for loving us. Amen.

Craft Time!**Memory Garland (all ages)**

You will need: oval or circle-shaped cards, prints of photos of your child and family, hole punch, yarn or string.

Discuss the memories that are depicted in the pictures. Make a memory garland by gluing these pictures onto the cards. Punch a hole in the top of the cards and connect them with string or yarn. Hang somewhere that it can be seen.

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