



# FAITH AT HOME

Aldersgate Church ~ St. Louis Park, MN

## Week of January 29, 2023: Matthew 6:7-21

### Memory Verse

**Matthew 6:11** "Give us this day our daily bread."

### Activity

#### Prayer Journal

Start a prayer journal. Jot down who and what you pray for. Look back at what you wrote at the beginning of the week.

### Craft:

#### Hand (5-Finger) Prayer

*You will need: card stock, pencil, markers, scissors*

Trace your child's hand or have them trace their own hand. Cut out. Say a prayer for each finger as you go around their hand:

On the thumb, write family and friends. These are the people close to you. Give thanks to God and ask God to protect our parents, siblings, friends, and classmates.

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### The Story

Our lectionary gives a lot of scripture today. For the Faith at Home resource and our Children's Message we will focus on the Lord's Prayer portion. For our Devotions for Life and Pastor Paul's sermon, we will focus on verses 24-34, which talk about not worrying and seeking first the Kingdom of Heaven.

**Theme of the story:** Jesus is still talking on the mountain. This is the story of the Lord's Prayer, when Jesus taught people how to pray.

#### How we say the Lord's Prayer at Aldersgate:

*Our Father who art in heaven, hallowed be Thy name, Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory forever. Amen*



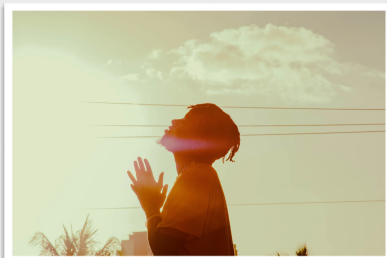
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On the pointer finger write leaders such as teachers or pastors (people who point the way). *Ask God to help them in their important work.*

Tall finger - people in authority. The big people in the world need prayers too. *Ask God to give wisdom and compassion to people in government and others who make rules.*

Ring finger - people who are sick. This is the weakest finger. Remember those who are sick, live in poverty, or are treated badly. *Pray that Jesus would give them new strength.*

Little finger - your own needs. God wants to hear your needs too. *Pray for your own growth in mind, body, and spirit.*



### **Children's version:**

*Dear God our Father, who lives in heaven, there is power in your name. We trust your ways...from your kingdom in heaven all the way down to earth where we live. Please provide all we need today. Forgive our mistakes as we forgive those who make mistakes against us. Help us to make good choices and protect us from all that is evil. Everything we have and do is all for you so everyone we meet will see you in us. Forever and ever. Amen*

Family discussion: Recite the Lord's Prayer each day this week. Talk about some of the elements of the prayer. Discuss that prayer is talking to God. We do not need to be perfect because God understands us and our needs.

1. "Your will be done on earth as it is in Heaven" What would you like to ask God to do? For example, do you have a friend who is ill, who we could pray will get better? Depending on the age of the children, you could ask them if they have seen God answer any prayers.

2. "Give us today our daily bread" Thank God for your meal. Thank those who prepared it. Thank the farmers, truckers, grocery workers who helped bring food to your family.

3. "Forgive us our trespasses (sins)." Do we remember to say sorry when we've done something wrong? Did we say sorry to God?

**Prayer:** *Dear God, Thank you for teaching us to pray. We know that we do not have to be perfect in our prayers because you understand our needs and know our hearts. Thank you for your love. Amen.*

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